

# *Springfield Chair Yoga*



*Sponsored by Senior Community Services*

**Springfield Township Building, 50 Powell Rd., Springfield**

*Instructor: Donald Simpson, Certified Yoga Instructor*

Wednesdays 9/14 to 12/7 (No Class 11/23)

2:00 p.m. – 2:45 p.m

Cost: \$54 for 12 Weeks

*For additional information, contact Senior Community Services @ 484-496-2143*

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## **Springfield Chair Yoga Registration Form**

*Mail This Form with Payment to: Senior Community Services  
600 Swarthmore Avenue, Folsom, PA 19033, Attention: Lori*

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First Name

Middle Initial

Last Name

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Home Address (include number and street or box no.)

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City

State

Zip

Municipality

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Phone # (**Required in case you need to be contacted**)

E-mail Address